



NEWS RELEASE

August 1, 2018

Bonterra Energy Corp. Confirms Cash Dividend for July 2018 Payable August 31, 2018

August 1, 2018 | CALGARY, ALBERTA - Bonterra Energy Corp. (www.bonterraenergy.com) (TSX: BNE) ("Bonterra" or the "Company") announces that the July 2018 monthly cash dividend will be \$0.10 per share and will be paid on August 31, 2018. The record date for the dividend is August 15, 2018 and the ex-dividend date is August 14, 2018. The dividend is paid monthly and is subject to commodity prices and production levels.

The dividend is considered an "eligible dividend" for tax purposes.

Bonterra Energy Corp. is a conventional oil and gas corporation with operations in Alberta, Saskatchewan and British Columbia. The shares are listed on The Toronto Stock Exchange under the symbol "BNE".

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